

Getting support in the workplace transcript

This document is a transcript of an Auslan training video about getting support in the workplace. The video can be [viewed in the Belonging and Inclusion Library](#).

You can view the [full series of videos in the Belonging and Inclusion Library](#).

Background

The video is part of a series created following a one-day workshop held by the Public Service Commission. The workshop focused on meeting the cultural and language needs of Deaf Auslan-speaking employees. The workshop was open to all Deaf employees in the NSW public sector as an opportunity to invest in their career growth in an environment tailored to their needs. The workshop was delivered entirely in Auslan and was designed with input from the Deaf community.

About Auslan

Auslan is a language used predominately by the Australian Deaf community.

Transcript

The NSW Government wants to [support you in your employment](#).

There are various ways you can get support:

EAP – this free service provides counselling and support for you and your family members. The service is independent from government and all information remains confidential. The EAP will provide adjustments such as interpreters or captioning so deaf employees or family members can access this service.

Mentoring- Your department or team may have a formal mentoring program which you can participate in. If there is not one, you can still approach someone that you are comfortable with, such as a manager or HR. They may be able to provide informal mentoring or give you ideas on how to get mentoring.

You can contact your diversity team and find out what mentoring opportunities may be available to you.

The PSC website can also provide you with valuable information on requesting [workplace adjustments](#), sharing disability information and [employee networks](#).

You can also develop your own support networks outside of your workplace; you can find other professional peers to talk to and get advice and support. You can also support others.

Do you want to learn more about this – speak to a manager or colleague.